# Challenges for Children
## (SL用)

Many people have memories of playing in playgrounds at parks. Some children like climbing on jungle gyms while others like the slides or swings. However, from the 1990s, more and more people began to think that playgrounds were too dangerous. As a result, many cities in the United States began to build safer playgrounds. In these new playgrounds, the climbing bars were lower, and the ground was safer. As a result, there were fewer chances for children to get hurt.

Even so, some people do not think that such changes are good for children. Ellen Sandseter, a professor at Queen Maud University College in Norway, says that playgrounds help children to grow. For Example, when children try to climb to a high place, they often feel afraid. However, they keep trying to climb to high places. As a result, after many times, they start to feel less scared. This shows that when children try difficult things by themselves again and again, they can learn not to be afraid. Sandseter believes that modern playgrounds do not have enough challenges.

This causes a problem for parents. They want their children to face challenges and learn new things, but they also do not want their children to get hurt. Hoping to solve this problem, local governments in the United States have started looking at new designs for playgrounds. They hope to build playgrounds that will provide exciting and fun challenges for children in a safe environment.